

Greetings! It's Kim Le, your Master Heart Healer.

Thank you for opting-in for the **"Transform Your Money Blocks Checklist"**! This checklist will help you to gain clarity and provides an ordered way of gathering your thoughts on how you feel about money and what you're going to do to overcome the challenges you have had in the past with money.

My relationship with money was always one of rejection. I had witnessed my family having much controversy around money transactions and family matters and it made me have fear of money. However, for the past 10 years I have transformed my money blocks and to make peace with money. I now have experienced much joy, a great lifestyle and a healthy relationship with money. I want to share this with you!

The checklist is divided into two parts:

- 1) Mindset Preparation, and;
- 2) Understanding the Ins and Outs of Your Money.

It's important to evaluate your mindset and what you think about money.

For most of us the relationship with money started very early in life. Some people have had positive experiences while others have developed a fear or negative viewpoint and have allowed it to control their adult lives. Whatever your experience, now is the time to **Transform Your Money Blocks** so you can create the abundant life you desire and I love to help you do just that!

After reviewing the checklist, I'd like to invite you to join my **Transform Your Money Blocks 5 weeks Course**, where I help you to release your old money believe, so you can have peace of mind about money, and live an abundance live! Click here to learn more.

Namaste,

Kim Le, Your Master Heart Healer



Transform Your Money Blocks Checklist

Below is a checklist to help you with understanding the flow of Transforming Your Money Blocks. Use it to start evaluating and taking action to transform your money stories so you can reclaim your power and start to take charge of your life.

Mindset Preparation

Evaluate your relationship with money, what is your money mindset, and how it has influenced your life.
List the negative stories you have about money and change it
List how you want the money to flow through your life moving forward.
Identify the kind of life you want to live
List 5 things on your bucket list (what is it that you want to experience in life?)
Where do you want to be financially in 1 year?
Where do you want to be financially in 3 years?
Where do you want to be financially in 5 years?



Understand the Ins and Outs of Your Money

List your monthly income and expenses
Organize your accounts
Create a monthly budget
Find out your credit score
Pay down your debts to create steady wins
Establish an emergency savings for a three to six months reserve
Learn to understand liabilities and assets
Discover how you will invest in yourself to have growth mindset to create your wealth.
Learn to invest to make money grow for you with compound interests

Are You Ready To Transform Your Money Blocks Deeper?

<u>Click here</u> to schedule your **FREE 30 minutes Discovery Session** to transform your money blocks now!